



The Gift Of:

JUSTICE & EQUITY

UNITARIAN UNIVERSALIST CONGREGATION OF THE GRAND VALLEY NEWSLETTER

February 2024

FROM OUR MINISTER, REVEREND WENDY JONES

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us.

We ask ourselves, "who am I to be brilliant, gorgeous, talented, fabulous?" Actually, who are you not to be? You are a child of God.

Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you.

We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others."

---from A Return to Love, by Marianne Williamson.

The year 2024 is upon us. We are heading into yet another 4- year election cycle that brings out the best and sometimes the worst in us. I occasionally like to take the time to do a little self -reassessment and reflect on some of the questions this reading by Marianne Williamsons brings up for me.

Every so often I like to take some time to ask myself where is my light? Is it shining or I am hiding it? Am I acting small so that other people won't feel insecure around me?

➤➤➤ continued on page 2

We are an affiliated congregation of the Unitarian Universalist Association and the Mountain Desert District

EQUALITY OF OPPORTUNITY IS THE ESSENCE OF SOCIAL JUSTICE

TONY HONORE

We are a welcoming congregation

We are Vitaly Inclusive. Justice-Centered and Spiritually Alive.



In This Issue

- Green Team Book Review 3
- Film Series -& RE Valentines 4
- Kid's Cong Bath & Theology Series 5
- UUCGV Ongoing Events 6-7
- Religious Education 8-10
- Finance Updates 11
- Worship Calendar 13
- Leadership Updates 14
- Calendar 15

continued from page 1

Where is my voice? Am I using it in a way that lights me up; in a way that lights others up? I invite you to reflect on these questions also, because it's important that we remember that we all have a voice, and we all have a light shining through us.

Some voices are loud and strong in the street. Some voices are quiet and thoughtful with a well guided word of direction or encouragement in a classroom. Some of us will find our voices visually through our artistic images, or beautiful photographs we have taken.

Our voices express our truth.

If you have found your voice, rejoice in that, and use it in a way that empowers others to find theirs.

Let us use our voices to listen; for when we listen, we hear; and when we hear we understand; and when we understand we begin to see; and when we begin to see, we bring to life the people who have become invisible and then we look and say, "we see you," and they are silent no longer.

This year is a time to let our light shine. Let's not play small. Let's not shrink so that others do not feel insecure.

Let's shine together; strong, powerful, connected, seen and heard.

UUCGV MUSIC BRINGING JOY AND VIBRANCY TO OUR CONGREGATION!

A Quick UUCGV Music Update:

Youth music will continue to meet on Wednesdays from 6-6:30, and UUCGV choir will rehearse on Wednesdays from 4-5:30 through the end of winter.

UU night karaoke happens every other week during UU night (5:30-6:30). Join in the fun February 14th & 28th.

Come join us for some fun music-making!
New members/participants are always welcome!

Mark your calendars for a fun UU Valentine's Day party on Wednesday, February 14th with karaoke, food and fun!

Fun starts at 5:30.



CHANGE FOR CHANGE



Each month we collect change (coins) from the offertory baskets and donate the funds to a local charity. On average, this effort usually brings about \$100/month.

The change collected during January went to support La Plaza Palisade.

Change collected during the month of February will go to Mutual Aid Partners. MAP is a network that supports and connects grassroots efforts in Mesa County.

If you have a local charity that you would like to suggest be a Change for Change recipient, please send the organization's details to administrator@grandvalleyuu.org.



UUCGV Green Team

**UPCOMING MEETING:
THURSDAY, FEBRUARY 1
@ 7 P.M. @ UUCGV**



ALL ARE WELCOME!

JOURNEY TO A GREEN SANCTUARY

In living into our 7th Principle, the mission of the Green Team is to guide ourselves, our congregation & our community into a deeper awareness, understanding, and commitment to preserve and protect the "interdependent web of all existence" of which we are part.

The Green Team meets monthly to exchange ideas and provide tips for leaving a smaller footprint. If you're interested in learning more about or joining our group email green@grandvalleyuu.org.

BOOK REVIEW - ANNGELINE BARRETT

***RESTORING THE SOUL OF THE WORLD - OUR LIVING BOND WITH NATURE'S INTELLIGENCE* BY DAVID FIDELER**

I recently read a wonderful book that I wanted to share with the congregation. It fits well with our Green Team mission and our seventh UU Covenant. In addition, it was an enjoyable read. It is the first book I've read in a long time that I actually looked at the footnotes for every page because the sources of information were so interesting.

The author, David Fideler, "studied ancient religions and philosophy at the University of Pennsylvania and holds a Ph.D. in philosophy and the history of science and cosmology".

To describe the book in a nut shell: it is a broad brush history of philosophical and religious thought of the Western world since pre-historic times. I know that sounds like an impossible task, but he looks at it through the eye of humanity's vision of the Spiritual Essence of Nature. As Einstein is often quoted, "Look deep into Nature and then you will understand everything better". This is something I am passionate about.

"In the beginning, philosophy and science were the same - and both were connected to religion, because the desire to understand the cosmos has always been a spiritual quest". Fideler gives us hope that with this ancient and modern way of looking at the world, we will be able to return to Nature as a way to solve the problems we have gotten ourselves into.

As a project for the UU Green Team I'd love to join with others in the congregation who might be interested in reading and discussing this book. We'll start a **UU Green Book Discussion Group!** If any of you interested in something like this, email green@grandvalleyuu.org.

Read the full review on the Green Team page on our website: grandvalleyuu.org/green-team

INDEPENDENT DOCUFILM SERIES

Three Year Soil: A Community Farmstead Created by Ian Thomas

Friday, February 16, 2023 at
5:30 p.m.

536 Ouray Ave., Grand Junction, CO

Three Year Soil: A Community Farmstead, based out of Grand Junction, CO explores the heartbreak, hard work, passion, and the pursuit of healthy food and a strong community. Dawn and Brian of Green Junction Farmstead have seen it all while chasing their dreams, from multiple lost farms, bears, foxes, failed crops, and the community that wouldn't give up. In the end, Dawn and Brian never created this community, this community materialized in moments of need to support regenerative agriculture in the Grand Valley.



Friday, February 16th

5:30 p.m. - Film Screening
6:00 p.m. - Q & A
with film creator Ian Thomas
and Green Junction Farmstead's
Dawn Trujillo and Brian Adams

Presented by:



536 Ouray Ave., Grand Junction, CO Suggested donation of \$10 at the door

Suggested Donation of \$10 at the door. Cash/Check preferred.

VALENTINES GRAM FUNDRAISER FOR RE PROGRAM

Please join us in our \$5 Valentine's
Gram RE FUN-draiser!

Send your loved one a unique Valentine's
Day Gram created by the RE Program!

How to Order a Valentine's Gram:

1. Bring an addressed and stamped envelope by Sunday, February 4th.
2. Include 3 adjectives or a short description about your loved one *i.e.* "Wild Curly Hair, Adorable Dog and Contagious Energy."
3. Place your envelope, description and payment in the middle office at the church.

We will draw a picture, write a poem and help your recipient feel extra special with our hand made art.

Please leave your envelopes in the middle office by **Sunday, February 4th 10:30 a.m.** so we have plenty of time to create and mail them!



RE Fundraiser

Valentine's Gram

\$5

ORDERS DUE BY FEB 4 @ 10:30 A.M.

CHILDREN'S GONG SOUND EXPERIENCE

WITH JERE FRIEDMAN

SATURDAY,
FEBRUARY 10TH 10:00 A.M.
@ 536 OURAY AVE.



60-minute program for children ages 6+, beginning with a short lesson, followed by a brief guided meditation leading into the gong sound experience where participants lie on the floor and take an inner journey. We'll finish with some time for reflection and a Q&A. Children of all ages will be invited to play the gongs too!

\$10 suggested donation at the door.
Doors open at 9:45 a.m.

Contact programs@grandvalleyuu.org for more info.



UUCGV COOKING GROUP FROM DAVE MILLER

So, I don't want to say that you seriously missed out if you weren't at the January Cooking Group meeting, because that would be rude. But I can definitely say that you wouldn't have hated it.

Was "Depression-era food" a weird theme? Yes. Yes it was. But did the goulash rock? Yes. Yes it did. The porcupine meatballs, named for their appearance not their ingredients, were a treat. The puff pancakes were a great example of doing a lot with simple ingredients, as our parents and grandparents (and maybe great-grandparents) did. Once again, the Cooking Group had a festive and delicious meal together and **the only thing missing was you!**

Our February theme, harkening to the romance of, well, the Romance countries, is Italian food. If you are a regular attendee, or an irregular one, or even a weird one, you are encouraged to bring a friend, a partner, a lover, or just your own fine self to the February Cooking Group meeting. As always, it's the third Thursday at 6 pm, so the 15th this month, and we'll meet at the church. We hope to see you there!

BUILDING YOUR OWN THEOLOGY - WHAT HAPPENS WHEN YOU DIE?

Building Your Own Theology series will continue in February. What happens when we die? Is there life after death? What are near death experiences? Do we come back and live again? What is Karma? How does reincarnation work? Do we have eternal have soul mates? Come contemplate all these questions in a six-week series of discussions.

The 6-week Journey Begins:

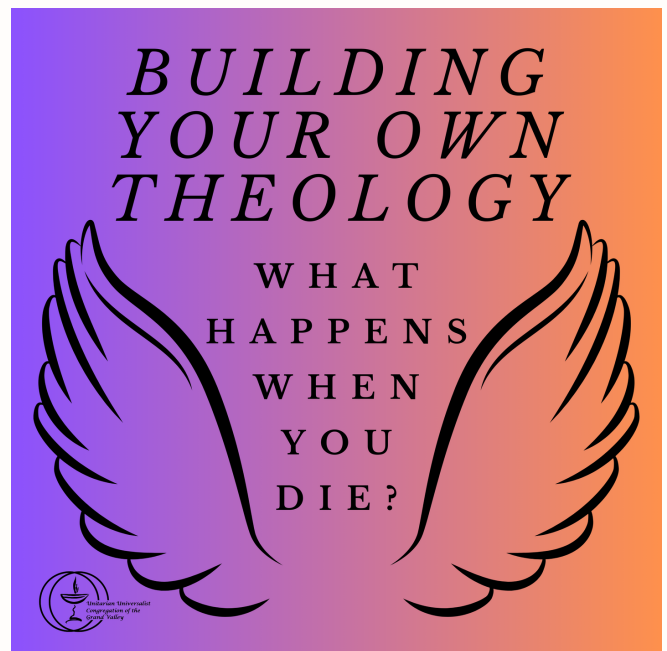
When: Tuesday afternoons from 2:30-4:00 p.m.

Begins February 6th.

Where: UUCGV Sanctuary

Does anybody have all the answers? *Probably not.*
Are they fun questions to contemplate? *Absolutely!*

Everybody is welcome!





UUCGV COOKING GROUP

Enjoy the simple pleasures of cooking, eating, adult beverages and company.



UUCGV COOKING GROUP - THEME: ITALIAN

A monthly gathering for adults to experience the joys of cooking together, sharing meals, exploring new cuisines and styles, sampling adult beverages, and having no other agenda. We meet on the third Thursday of each month.

Contact Mark McKenney | mckenneyd@qwetst.net | (970) 256-7907

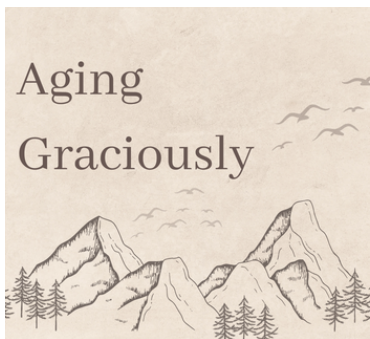
Next Meeting: **Thursday, February 15 at 5:00 p.m. @ UUCGV Downstairs**

CARE FOR CAREGIVERS

Come share with this confidential discussion group the joys and struggles of caring for a loved one.

We meet every other Thursday @ 11 a.m. at UUCGV

Next Meetings: February 1, February 15, February 29



AGING GRACIOUSLY

Open to everyone of all ages! The discussion will be lead by Rev. Wendy. Held on the fourth Thursday of the Month.

Next Meeting February 22, 2024 @ 1:00 p.m.

Go to grandvalleyuu.org/aging-graciously for the Zoom link.

YIN YOGA WITH MIRIAM DEMING

Yin yoga is a quiet, contemplative practice for all ages of adults. It uses longer held seated poses and gravity to target the deep connective tissues of the body. This is a contrast to the more dynamic yang yoga practices, such as Vinyasa, which target the muscles. The benefits of yin include increased calm, flexibility and energy, reduced stress, improved sleep, fosters self-love, self-discovery, and releases stored emotions.

Thursdays @ 8:30 a.m. @ UUCGV

Drop In Class - \$8/class | 5 Class Punch Pass - \$25



BLACK CANYON DISCUSSION GROUP

1st Wednesday of each month in the Cedaredge area.

Topic: "What causes nations to slide into authoritarian rule? What is our role in either preventing or allowing that to happen?"

Next Meeting: February 7 | TIME UPDATE: 12:00p.m. this Month

Questions? Call 970-856-4226



CHAIR YOGA

Are you interested in the benefits of practicing yoga?

Perfect for people who are new to yoga or who have mobility issues.

For questions contact Maya at programs@grandvalleyuu.org

Tuesdays 1:00 p.m. @ UUCGV (Please arrive around 12:45 to get settled in)
Drop In Class - \$8/class | 5 Class Punch Pass - \$25

100% of the class fees go to support church programming. We also have a pay-it-forward jar, so if the class fee is unavailable to you, you are still encouraged to join us!

SOUP KITCHEN SATURDAY

Soup Kitchen Saturday is the **second Saturday of every month** at Catholic Outreach, located at the south end of 1st Street between Pitkin and Ute Avenues. A group of folks join to create, cook, serve & clean up a delicious meal for our neighbors.

Saturday, February 10 @ 8:30 a.m.

Please contact Chris Jauhola (chrisjauhola@aol.com | 703-216- 6479) for more information and to let us know that you plan to volunteer.



PEACEFUL MEDITATION

Join us at the church for 20-30 minutes of silent meditation for healing our world.

Wednesdays at 10:30 a.m.

DINNER IN OUR HOMES - CIRCLE SUPPERS

Social dinner groups, involving around 8 people, who get together 3-4 times in their homes or at church for a casual dinner. This is a great way to get to know other people in the congregation in an informal, small group.

Now accepting more people for February 2024 Groups.

Please contact Debbie Buchele (debbiebuche1517@gmail.com) for more information.



PICK YOUR SUNDAY GREETER DAY!

As scary as it might sound, volunteering a day or two a year to welcome congregants and visitors to Sunday Worship can be a rewarding and relaxing experience.

Greeters help hand out hymnals and order of service pamphlets. They direct guests to sign the guest book, count how many are in attendance, pass around the offertory baskets, and collect and count the money received before turning it in at the Administrator's Office.

If everyone picked a day or two we'd have the year covered!

“Compassion is not foolish. It doesn’t just go along with what others want so they don’t feel bad. There is a yes in compassion, and there is also a no, said with the same courage of heart. No to abuse, no to racism, no to violence, both personal and worldwide. The no is said not out of hate but out of an unwavering care.”
- Jack Kornfield

This is the message we will focus on through this month’s theme of **Justice** and **Equity**. We’ll begin by defining what these words mean, and then explore how our lives intersect with others, that our actions, as do our intentions, matter.

We look a little closer at what friendship means and how the virtues we carry into friendship can extend beyond into other relationships within the human race and the natural world. Allowing compassion to lead and knowing that we always have a choice in how we treat all living beings.

As we explore together what it means to carry this compassion into our lives, we will identify some ways to build a better world with the understanding that we aren’t doing this alone, but within a community of care. The concept it takes a village can be applied to how we heal wounds and move forward towards a more just world.

We will explore how we don’t need to do this alone. Although our individual roles matter and we must take responsibility for our own actions, we are part of something bigger than ourselves. We are connected.

With gratitude,
Maya

Coming Up at the UUCGV

There are so many special events coming up at the UUCGV and we want to invite you to come! Mark your calendars today!

- Children’s Gong Sound Healing - February 10 @ 10 a.m.
- Yoga: Chair Yoga Tuesdays @ 1:00p | Yin Yoga Thursdays @ 8:30a
- Independent Documentary Film Series:
Three Year Soil - February 16 @ 6:00 p.m.

Questions? Contact Maya at programs@grandvalleyuu.org

Children's Religious Education Schedule

February 2024



The Gift of Justice & Equity

February 4

What is Equality, Equity, and Justice?

An exploration of what the words justice and equity mean and how they differ. We also include the word equality, since that is familiar to children in this context. We’ll be discussing and learning what types of practices create a better and just world for everyone.

February 11

The Gift of Building Better Relationships

We will take a look at how justice and equity relate to our personal relationships, such as with our family and friends. We also explore the concept of intersectionality of our identities through a puzzle and game.

February 18

The Gift of Building a Better World

How do we build a better world so that justice and equity are a part of society? Last session, we focused on bringing justice and equity into our personal relationships, now we are focusing on bringing justice and equity to our societal structures.

February 25

Working Together Towards Healing Wounds

Working from the inside out, we are going to learn how to help heal the wounds of injustice.

PROGRAMMING HIGHLIGHTS



Sunday, January 7th -
Warming Booth @ Community Garden



Wednesday, January 17th - Karaoke UU Night



Sunday, January 21st - Love Pulls Us
Toward Self-Acceptance



Tuesdays @ 1 p.m. - Sanctuary Ready for Chair Yoga



Sunday, December 31st - Time Capsule Service



Friday, January 19th "Docked" - Film Screening and Fundraiser for Hispanic Affairs Project (HAP)



Saturday, January 13th - Palestinian Children's Relief Fundraiser



RE VOLUNTEERS NEEDED

We are asking for parents/guardians and UUCGV the community to volunteer a couple of Sundays per year to offer our children the experience of learning from a wider range of perspectives. Please let Maya know what topics you are passionate about and which Sundays may work for you this coming year by emailing her at programs@gandvalleyuu.org.

Items the RE Program Needs:

We always get excited when items that we need are donated to us. If you have any of these items taking up space in storage and are looking to give them a new home, we are in need of:

- extension cords
- floor lamps
- table lamps
- a baseball bat
- sidewalk chalk (we use it often!)
- new markers

Thank you for your time and energy. I appreciate each of you and I adore our children. THEY are our future and bring so much love and light to our community.

TREASURER TIDBITS - BY KITTY TATTERSALL

PLEDGE STATEMENTS AND CALENDAR YEAR TAX INFORMATION

Pledge Statements and Calendar Year Tax Information will be in the mail soon. We use the Quickbooks program to generate the statements. "Amount Due" is what the program calls the balance at the bottom of the page. Pledge payments are voluntary. You can be a member by donating time or talent even if you don't have money to donate. Thank you to everyone who contributes to UUCGV.

NPI GRANT APPLICATION

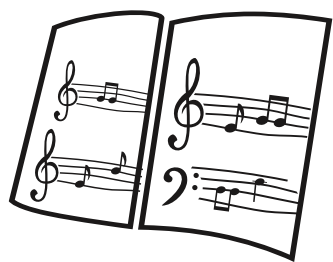
In the September 2023 Newsletter I mentioned we had applied for \$70,800 from Colorado DOLA through their Nonprofit Infrastructure (NPI) Grants. I am happy to report that on January 17, 2024 we were notified that we would receive \$50,000 over the next three years, contingent on providing proof of required insurance and choosing which projects to fund. We are working on the insurance coverage. The Finance Team will be discussing the projects on February 5. If you have input, feel free to attend the meeting, contact anyone on the Finance Team, or contact anyone on the Board.

INCOME AND EXPENSES

As of the end of December, pledge payments were at 55% of budget and offerings got a big boost from a \$5000 donation from the McCary Family Fund. We are showing a surplus overall.

The Haunted Auction paddle funds are earmarked for buying a customer relationship management (CRM) software program from Salesforce. Salesforce wants to see proof of our nonprofit status by going to the IRS website before allowing us to get the huge cost savings as a nonprofit. As a church, we are not required to file any forms with the IRS to prove our status, but because Salesforce and some other entities are requesting to see us on the IRS website, we are working with the IRS to make that happen.

In December, the congregation contributed \$2,275 for staff bonuses. This combined with the 1% of base salary and \$400 for employer payroll taxes (FICA, unemployment, etc) that were in the budget to create total pre-individual-tax bonuses of \$3,545. This was split among six staff: the Minister, Program Director, Administrator, Facilities Manager, Music Director, and Childcare provider. Thank you to the congregation for your generosity and to our Staff for being so awesome.



HYMNALS AT HOME?

We are considering purchasing a few more copies of our hymnals. Before we invest in new ones, do you have any at home that you no longer use?

If so, please return them so we can have more available on Sundays. If you still attend service virtually, please keep them if you'd like. We also have copies of each week's hymns on the website along with the Order of Service.

PALESTINE FUNDRAISER

A HUGE THANKS to everybody who contributed to the hugely successful fundraiser. We have an amazing community of people who generously donated money and/or their time and talent!

We are proud to have raised \$12,500!



UU Night

COMMUNITY. CONNECTION. CONVERSATION.

Wednesdays @ 5:30 p.m.

February Themes

2/7 - Soup-a-Palooza

2/14 - Sugar and Spice

2/21 - Pasta Party

2/28 - California Dreamin'

UU Night Schedule

February 7th & 21st

5:30-6:30 Pot-Luck Dinner

6:00 Youth Music

February 14th & 28th

5:30 - 6:30 - Pot-Luck Dinner &
Karaoke/Open Mic

6:00 Youth Music

UUCGV Choir Rehearsals have been
moved to 4:00 on Wednesdays

POT LUCK

CHOIR REHEARSAL

YOUTH MUSIC

Let's connect and grow our community

SOULFUL SUNDAYS

UPCOMING SUNDAY SERVICES

Please join us virtually or in-person at
10:30 a.m. every Sunday
Zoom link at: grandvalleyuu.org

View the Order of Service & Music at
grandvalleyuu.org/sunday-services

children's programming and childcare provided

February 4

Leading With An Open Mind:
Exploring the Spiritual Attribute
of Humility

Rev. Wendy Jones

February 18

Leading With Open Arms:
Exploring the Spiritual Attribute of
Wisdom

Rev. Wendy Jones

February 11

Leading With An Open Heart:
Exploring the Spiritual Attribute
of Compassion

Rev. Wendy Jones

February 25

Neutral Pulpit
Radical Hospitality: The Politics
and Poetics of an Open Heart

Ministerial Candidate for the Durango UU

LIVING INTO LEADERSHIP

Board

President — Richard Hyland
Vice President—Angie Ecker
Past President — Laurel Carpenter
Treasurer — Kitty Tattersall
At-Large — Elizabeth High & Dave Collins

Leadership Development Team (LDT)

Wendy Metzger & Debbie Buchele

Team Leadership Circle (TLC)

Worship — Catherine Black-Ward
Religious Education (RE) — Maya Kraushaar
Green Team — Ann (Angeline) Barrett
Social Action — Tom Acker
Membership — Debbie Buchele
Property Team — Maggie Eagleton & Barb Preston

UUCGV BOARD

The Board's primary responsibility is to carry out the UUCGV mission through wise governance of the physical, financial, administrative program, and operational resources of the Congregation.

Below are the highlights from the last Board meeting. Our UUCGV Board will meet again on **Thursday, February 8, 2024 at 4:30 pm**. We welcome and seek direct dialogue with members and friends of our congregation.

If you would like to discuss a matter at the Board meeting, please contact Board President Richard Highland at 281-467-4779.

BOARD MEETING HIGHLIGHTS

- UUCGV awarded NPI grant for \$50,000 to be used over the next 3 years
- WE Shelter was a success. Hosted 12 men for 2 weeks
- Code of Conduct reviewed. Almost complete and will be ready soon for posting
- Agreed to support brother Moji Agha and his Peace and Truth Heals (PATH) initiative and 2024 US speaking tour as a spiritual/organizational ally. He will be giving a talk/workshop at UUCGV
- Reviewed UUCGV's involvement in Palestine fundraiser

UUCGV TLC

Team Leadership Circle, TLC, maintains the Programs of the church and the church calendar which live into the Mission, Vision, and Principles of UUCGV.

TLC communicates with the board about the day-to-day operations of the church and provides support to the teams if they need it.

TLC meets the **second Thursday** of the month at 3:30pm. Typically directly before the Board Meeting

Email tlc@grandvalleyuu.org for questions and comments.

TLC MEETING HIGHLIGHTS

- Only one registrant for high school OWL. Class was cancelled. Need to rethink educating community about OWL in general and how it is important. Discussed a teaser program offered at youth groups, lighter weight class to ease people into subject.
- Palestine fundraiser updates. 70 dinner tickets sold so far.
- Property team is doing a building review to give the board a list of maintenance tasks needed with a priority and estimated cost
- Film series, *Docked* in January. *Three Year Soil* on 2/16. *Women are the Change* on 3/15
- Active hope starts 1/25.
- Children's Gong Sound Experience 2/10

February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1 11:00 Caregiver Support Group 7:00 Green Team @ UUCGV	2 1:00 Women's Self Defense	3
4 10:30 Worship Service 10:30 Children's RE 11:30 Blood Pressure Checks	5 12:00 Finance	6 1:00 Chair Yoga 2:30 Building Your Own Theology	7 10:30 Meditation 11:00 Care Team 12:00 Black Canyon Discussion 4:00 Choir Rehearsal 5:30 UU Night 6:00 Youth Music New Dimensions	8 8:30 Yin Yoga 3:30 TLC 4:30 Board	9 1:00 Women's Self Defense	10 8:30 Soup Kitchen Saturday 10:00 Children's Gong Experience
11 10:30 All Ages Service 10:30 Children's RE	12	13 1:00 Chair Yoga 2:30 Building Your Own Theology	14 10:30 Meditation 4:00 Choir Rehearsal 4:00 Nonviolence Study & Action (zoom) 5:30 UU Night! 5:30 Karaoke 6:00 Youth Music New Dimensions	15 8:30 Yin Yoga 11:00 Caregiver Support Group 6:00 UUCGV Cooking Group	16 1:00 Women's Self Defense 4:00 OWL 5:30 Film Series	17
18 10:30 Worship 10:30 Children's RE 12:15-1:15 Congregational Meeting & Potluck	19	20 1:00 Chair Yoga 2:30 Building Your Own Theology	21 10:30 Meditation 4:00 Choir Rehearsal 5:30 UU Night 6:00 Youth Music New Dimensions	22 8:30 Yin Yoga 1:00 Aging Graciously 4:00 Active Hope Training	23 1:00 Women's Self Defense	24
25 10:30 Worship 10:30 Children's RE	26	27 1:00 Chair Yoga 2:30 Building Your Own Theology	28 10:30 Meditation 4:00 Choir Rehearsal 5:30 UU Night! 5:30 Karaoke 6:00 Youth Music New Dimensions	29 8:30 Yin Yoga 11:00 Caregiver Support Group 2:00 Book Binding (Auction Item)	1 2:00 Book Binding (Auction Item)	2

Please Remember that all meetings & events **MUST** be scheduled through the administrator
 970-257-0772 or administrator@grandvalleyuu.org.

**Unitarian Universalist Congregation
of the Grand Valley**

P.O. Box 1053

Grand Junction, CO 81502



"Vitally Inclusive
Justice-Centered
Spiritually Alive"

Minister: Rev. Wendy Jones

257-0772 x2 or minister@grandvalleyuu.org

Director of Music: Joanna Wernette

music@grandvalleyuu.org

Dir. Of Programming & Community Outreach: Maya Kraushaar

programs@grandvalleyuu.org

Church Administrator: Valerie Stow

257-0772 x1 or administrator@grandvalleyuu.org

Facilities Coordinator: Trent Nakagawa

facilities@grandvalleyuu.org

Office Hours:

Tuesdays through Thursdays: 10:30 am - 2:30 pm

536 Ouray Ave, Grand Junction, CO 81501

www.grandvalleyuu.org

Find us on Facebook and Instagram:

[@grandvalleyuu](#)

THE OPPOSITE OF
POVERTY IS NOT
WEALTH, THE
OPPOSITE OF
POVERTY IS
JUSTICE.

~BRYAN
STEVENSON

**We meet via Zoom and in-person
on Sundays at 10:30 am for Worship**